



ROCK YOUR LUNCH WITH SOFT & SMOOTH® BREAD
Whole Grain Nutrition in Every Yummy Bite

Bagel Fruit Frenzy

Serves 4

- 4 Sara Lee® Soft & Smooth® Mini Bagels
- 1 small container of low-fat Cream Cheese
- 3-4 fresh Strawberries, hulled and sliced lengthwise
- 1 Banana, sliced into thin rounds
- 1 Kiwi, sliced into thin rounds
- 1 can Pineapple chunks, drained, slice chunks into thin slices
- 1 can Mandarin Oranges, drained
- 1 small Apple, sliced lengthwise into thin slices
- 1 small Pear, sliced lengthwise into thin slices

Slice all of your fruits into thin, even slices.
Open mini bagels and spread each half with low-fat cream cheese.
Top each bagel half with 3-4 different types of fruit.

As a cool after-school activity let the kids make their own stacks. Have a plate of cream cheese bagels and bowls of sliced fruit available and let their imaginations run wild with all the combinations of fruit stacks they can make.

