

Make

# Rockin' Maracas!

Time to shake,  
rattle 'n roll into a  
"Camp Rock" summer of fun!



Looking to boost your beat? Get the party started with papier-mâché maracas that'll have you and your amigos ruling open mic night. It's fast, fun, and one "Camp Rock" jam session short of first place!

**Here's how to get started: GET A PARENT TO HELP YOU WITH THIS ACTIVITY**

## MATERIALS

- ★ 10" x 22" newspaper rectangle
- ★ Pencil
- ★ Small plastic-lidded container(s), i.e., yogurt cups, spice cylinders, or coffee tins work best
- ★ Masking tape
- ★ Beans, rice, nuts, or bells
- ★ Scissors
- ★ Plastic adhesive putty
- ★ 1" x 6" strips of newspaper
- ★ Papier-mâché paste:
  - Saucepan
  - One-half cup all-purpose flour
  - 3 Tbs. sugar
  - Cold water

## Directions

- 1 Making papier-mâché paste: Combine one-half cup all-purpose flour and two cups cold water. Get adult supervision, then add mixture to two cups of warm water in a saucepan, ensuring water is very warm; stir occasionally. Remove from heat and stir in three tablespoons of sugar. When cool, the thickened mixture is ready to use.
- 2 Making a maraca: Roll the short end of the 10" x 22" newspaper rectangle tightly around a pencil to form a handle. Slip the pencil out and tape handle to prevent unrolling. Trim ends evenly if necessary.
- 3 Partially fill your plastic-lidded container with beans, rice, nuts, or bells. Use the scissors to cut a small "X" in the center of the lid (adults should supervise little ones). Attach a small ball of plastic adhesive putty to one end of the handle then wedge the other end through the "X" in the plastic lid. Secure the putty end to the interior bottom of the container and snap the lid shut. On the outside, tape the exposed handle to lid and trim if too long.
- 4 Dip a 1" x 6" strip of newspaper into the papier-mâché paste, use fingers to remove excess, and affix strip to the maraca. Repeat until the entire container and handle are covered. For stronger handles, run newspaper strips from top to bottom. Let dry and papier-mâché again. When dry, paint if desired... your maraca's now ready for the rhythm section!