








KICK & CATCH

OUTSIDE GAME

-  Multiple players divided into two teams – any number of people can play
-  Playing field can be anywhere.
-  There will be a pitcher and players from both teams on the field
-  Object of the game is to try to kick the YELLOWBALL, which will be rolled to you by the pitcher (who is on the opposing team), to one of your teammates on the field. You score a point by kicking the yellow ball to one of your teammates.
-  If someone from the opposing team catches the ball you do not score a point, but now that person who caught the ball will come up to kick to score point for their team. You will now be the pitcher in the game.
-  You play the game until the first team that gets 20 points wins!
-  This is a fun game because you don't need a lot people to play, and you don't need a baseball diamond for the field. Kids can play this game in the backyard, or at the park in an open area.



© 2006 CDC. All rights reserved.

In support of VERB™ and the U.S. Department of Health and Human Services Centers for Disease Control and Prevention (CDC). VERB is a trademark of the DHHS, CDC.

© 2006 CDC. All rights reserved.