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Activity #2:

HAIRCARE ACTIVITIES

Looking good is all about taking care of yourself. Here are more easy, do-it-yourself hair care concoctions you can make yourself plus extra tips for making yourself look and feel great!

HAIR CARE TIPS:

Dawn Dish Detergent!

Your hair can become very lank and dull from hair product buildup (gel, mousse, spray).

Over time, these products can become too dense to wash out of your hair with regular shampoo. Solution: Shampoo with a little Dawn dish detergent once a week till buildup has dissolved. It's the same product used to clean oil-covered birds after major oil spills so you know it'll work!

Baby Powder Quick Wash

No time to shampoo? Dust your hair with a little baby powder, then comb through. It reduces that oily hair look and can get you through till you have time for a real shampoo.

Just be sure to brush hair thoroughly to avoid a strange gray-haired look.

Aspirin Dandruff Cure

Aspirin has been known to cure many ills, but dandruff? You know it! Just dissolve two aspirin tablets into dandruff shampoo for an extra dose of flake-fighting power. Use a good conditioner afterwards, and wait for those flattering comments to come right at you.

Honey Hair Rinse

Want extra shine in your hair? Massage a little bit of honey into your hair, then rinse with lukewarm water. Great for extra shine! Or drink tea with honey --that can increase the shine too.

Static Cling Hair

Does staticky hair drive you wild? You can actually use Static Guard® clothing spray on your hair. Kinda weird, but it works! Hold the spray can away from your face and just spray on lightly.

Follow these healthy tips for a good-lookin' head of hair -- now that's something that never goes out of style!