



# FREAKY FRIDAY

## Movin' & Groovin' Party

### DECOR

- School flags and pennants hung on the walls.
- Cheerleader pompoms placed around the room.
- Confetti spread out on the tables.
- Streamers twisted and hung around the room in school colors.
- Centerpieces – paper bags with sand inside to hold an arrangement of flowers, with mini-school pennants in the center.
- Favors – fortune cookies or notebook journals with everyone's names on the front, written in school colors.
- Tablecloths, napkins and plates - all in school colors.

**T**he Movin' and Groovin' Party is fun for everyone – friends & moms alike! Heck, you can even invite your little brother. You are an athlete – school-spirited and popular. You don't have a lot of time and are always on the go. You like to be good, but you also like to have a good time. The party you want to create will have school spirit – adding pep and fun in every detail!

### LOCATION

Your Living Room & Backyard!

### STEP ONE

Invite your friends and their moms to your house for a screening of Freaky Friday. You can purchase or rent it on DVD and Video starting December 16. When the film is over, get ready to enjoy a night of "Freaky" fun – friends, moms and all!

### MUSIC

Freaky Friday soundtrack & favorite classic rock CD.



### GAME

#### Freaky Swap

1. Write each person's name on a piece of paper.
2. Place the pieces of paper folded up into a hat.
3. Everyone picks one name out of the hat.
4. Each person pretends to be the person they chose – copying their mannerisms, voice, gestures, etc.
5. Everyone in the group has to guess who each person is copying.
6. The three people to correctly guess the most impersonations will receive a fun and freaky prize from the host.

*Prize ideas: School T-shirt, candy, a "Freaky Friday" soundtrack CD, which you can purchase at any local record store.*



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### Snacks

- Potato Chips
- Pretzels
- Popcorn
- Chocolate bars
- Yogurt-covered pretzels
- Licorice
- Hard candies in school colors
- Trail mix
- Protein bars

# Food!

### Entree

## Make-Your-Own Freaky Submarine Sandwich

### Ingredients:

- 1 lb. sliced turkey breast
- 1 lb. sliced ham
- 1 lb. sliced bologna
- 1 lb. sliced cheddar cheese
- 1 lb. sliced American cheese
- 1 lb. sliced Monterey jack cheese
- 3 sliced tomatoes
- 1 head of iceberg lettuce, sliced
- 2 onions, sliced
- 2 bags French rolls
- Mustard, mayonnaise, salt and pepper

### Directions:

- Place the French rolls, sliced, in a basket for everyone to choose.
- Place the sandwich meat spread out on a plate.
- Place the cheeses spread out on a plate.
- Place sliced tomatoes, onions and lettuce on a plate.

### Serve:

Place all the various plates of food on the table for each person to create her own sandwich. Place mustard, mayonnaise, salt and pepper on the table for people to customize their submarine sandwich. Enjoy!