



RASPBERRY WATER

Ingredients:

- ¼ Cup Raspberries
- 8 oz Water
- A handful of Ice

Directions

Drop the raspberries into a pitcher and then smash them (a little) with a wooden spoon. This releases the juices. Then add the water and ice. Stir this mixture for 30 seconds. You can drink this right away. Or, if you want a more intense flavor, put the cover on the pitcher and put it in the refrigerator overnight. The next day it will have a little more punch.

