



# SMOOTHIE

- Serves: 2
- Ready In: 5 minutes

## Ingredients:

- 1 Cup Orange Juice
- 2 Cups Strawberries
- ½ Cup Carrots
- 1 Orange(peeled)
- 1 Medium Banana

## Directions

Cut up strawberries, carrots, orange, and banana. Pour orange juice into the blender then add the cut up fruit. Blend until smoothie is at desired consistency.

