

## **CANTALOUPE AGUA FRESCA**

• Serves: 6-8 servings

## **Ingredients**:

- 4 cups cubed cantaloupe
- 4 cups water
- ½ cup orange juice
- 1 tablespoon lime juice

Directions:

Place cantaloupe in the bowl of a food processor or blender and puree until liquefied. You should have about 2 cups of pureed cantaloupe. Pour the puree through a fine mesh sieve into a large pitcher, pushing on the solids to extract all the juice. Add the water and juices and stir to combine. Let chill in the refrigerator until very cold, about 2-4 hours. Serve over ice.



ALWAYS wash fruits and veggies when preparing for cooking or eating. When cutting, dicing, peeling and slicing - ALWAYS get your parents' help or permission.