



# FREEZE TAG TEAM

- Place: On grass
- Players Needed: Enough to make teams
- Equipment: Play clothes

## Directions

Separate into two teams. Each team picks a leader. The goal is for each team to make it across the opposite finish line. Each team must protect its leader from getting tagged. If the leader does get tagged, he or she must freeze for 5 seconds and the other team continues across to the opposite side. The first team to cross the finish line wins.



Safety Tip: Always get your parents help or permission before attempting this move (you never know, they might want to join you!).

Disney.com/tryit