

Place: Indoors or outdoors
Players Needed: 2 or more
Equipment: Chalk, a timer, a ball, a pedometer (optional)

Directions

Draw a bulls-eye target with chalk on the pavement. The center spot is worth 100 points, the next ring is worth 50 points. The second to last ring is worth 25 points and the outer ring is worth 5 points. Each player throws the ball at the target on the ground. You must take the same number of steps that your ball lands on in the target. You can jog, skip, hop gallop, jump, or do jumping jacks but the person with the most steps overall WINS!



Safety Tip: Always get your parents help or permission before attempting this move (you never know, they might want to join you!).