



BIKE RELAY

- Place: Sidewalk
- Players Needed: 2 to 6
- Equipment: Bicycles, helmet/face guard

Directions

- Several people position themselves at different points around the block on their bikes. The starting bicyclist must race to the next spot. When the biker reaches the next point, the other player can then race to their next spot. When everyone has made a complete loop, the game ends. Time yourself and see if you can improve the time it takes you to make the loop!



Safety Tip: Always get your parents help or permission before attempting this move (you never know, they might want to join you!).

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