

How do I compare to a bear?

Comparing Adaptations

Bears have special adaptations to survive in their environment including their height, fur and claws.

Use a ruler or measuring tape to compare yourself to a bear.



Bears stand on their hind legs to intimidate intruders and find food. An adult bear can be as tall as 275 centimeters or 9 feet when standing on its hind legs!

Measure your height in centimeters and feet. How tall are you?

____ cm ______ f

Bears' hair color helps them to blend in with their environment while keeping them warm.

What do you use to keep warm in cold temperatures?

Bears have long claws that help them forage for food. An average bear claw is 7 – 10 centimeters or about 3 – 4 inches!

Measure your thumb fingernail in centimeters and inches. How do they compare to a bear's claw?

_____ cm _____ ir

An adult male brown bear's skull measures about 40 centimeters or 15 inches in length! An elongated nose gives a bear a strong sense of smell.

Measure the distance from your nose to the back of your head. How long is it?

_____ cm _____ ir



Visit a local zoo or aquarium to learn more about animal adaptations.

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